

W32: Assessment of molecular response using real-time quantitative polymerase chain reaction (RT-qPCR) for MYD88 (L265P) in patients with Waldenström's macroglobulinemia treated with immunochemotherapy

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Background. Several studies have shown that the attainment of minimal residual disease (MRD) negativity, evaluated either by molecular methods or flow cytometry, is associated with a longer progression-free survival (PFS) in many lymphoproliferative disorders and in multiple myeloma. The high prevalence of the MYD88 (L265P) somatic mutation in patients with Waldenström's Macroglobulinemia (WM) makes it a suitable marker for the assessment of molecular response after treatment.

Aims. The aims of the study were: i) to evaluate the rate of complete molecular responses after treatment with Rituximab in combination with nucleoside-based or alkylating-based chemotherapy; ii) to evaluate whether the rate of MRD negativity is different according to the type of treatment; iii) to evaluate whether the molecular response correlates with clinical response to treatment; iv) to evaluate whether the attainment of a complete molecular response MRD is associated with a longer progression-free survival (PFS).

Methods. All WM patients treated with immunochemotherapy at the Division of Hematology of Policlinico San Matteo, for whom baseline and post-treatment bone marrow samples were available, were included in this study. The MYD88 (L265P) mutation was assessed in CD19+ bone marrow mononuclear cells using real-time quantitative polymerase chain reaction (RT-qPCR). Cell lines OCI-LY19 (MYD88 wt) and OCI-LY3 (MYD88 mutated, L265P) were used to construct two different standard curves by dilution series of 7 different concentrations ranging from 40 ng/μl to 0.08 ng/μl corresponding to allele burdens ranging from 100% to 0.5%. Allele burden quantification was performed by the ratio MYD88 L265P mutant/MYD88 mutant and wild-type alleles. Clinical response was assessed according to the VI International Workshop on Waldenström's Macroglobulinemia (IWWM).

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Results. Of 35 patients with BM samples collected before and after immunochemotherapy, 33 harbored the MYD88 (L265P) mutation at baseline, with a median allele burden of 36.6% (range: 1.0 - 97.03). The remaining 2 patients were MYD88 wild-type before treatment and therefore were excluded from further analysis. Of the 33 MYD88-mutated patients, 19 were treated with Rituximab (R) plus nucleoside analogs (R-Bendamustine, n=17 or FCR, n=2) and 14 with Rituximab combined with alkylating agents (R-CP, n=10, R-CVP n=3, R-CHOP n=1). Immunochemotherapy was administered as first line treatment in 27/33 (82%) patients, and as second or further line of treatment in 6/33 (18%). The median reduction of MYD88 allele burden with respect to baseline was -99.5% (interquartile range, IQR -100 to -88.9). In 19/33 MYD88-mutated patients (58%) the mutation was undetectable after treatment. The rate of MRD negativity was similar in patients treated with Rituximab plus nucleoside-based chemotherapy and in patients treated with Rituximab plus alkylating agents (63% versus 50%, $P = 0.5$). Undetectable MRD was more commonly found in patients achieving a clinical complete remission (CR) or a very good partial response (VGPR) as compared with patients in partial response (PR) or stable disease (SD) after treatment ($P = 0.003$). With a median follow-up of 27 months (range: 6.2 – 155.5) from the start of immunochemotherapy, there was a trend toward a better PFS for patients attaining a complete molecular response after treatment ($P = 0.07$).

Conclusions. This study shows that more than half of the WM patients treated with immunochemotherapy attains a complete molecular response, which strongly correlates with a deep clinical response. Patients attaining a complete molecular response seem to have a better progression-free survival, but longer follow-up is needed to confirm this trend.